# THE EFFECT OF VITAMIN E SUPPLEMENTATION IN RATION CONTAINING MANHADDEN FISH AND KERNEL PALM OILS TO NATIVE CHICKEN'S SPERM QUALITY AND HISTOLOGICAL PROFILE OF TESTES

Sunarjo Keman<sup>1</sup>, Zuprizal<sup>1</sup>, Tri Yuwanta<sup>1</sup>, and Ning Iriyanti<sup>2</sup>

<sup>1</sup>) Faculty of Animal Sciences, GMU, Yogyakarta <sup>2</sup>) Faculty of Animal Sciences, UNSOED, Purwokerto

# **ABSTRACT**

The experiment was conducted to determine the effect of manhadden fish and kernel palm oils and their combination with different levels of vitamin E on the sperm quality (mortality, abnormality, motility, konsentration), and histological profile of testes. This research was done in Laboratory of Animal Feed Department of Animal Feed and Nutrition GMU, Yogyakarta; Laboratory of Animal Feed and Nutrition and Experimental Sub-station Faculty of Animal Sciences UNSOED, Purwokerto. The Research consisted of two steps of experiment, and was carried out from April 2004 to November 2005. Chickens used in this research consist of 20 cockerels of 22 weeks old. The rations at the first step were:  $R_0 = 0\%$  manhadden fish oil and 0% kernel palm oil;  $R_1 = 10\%$  manhadden fish oil and 0% kernel palm oil;  $R_2 = 5\%$  manhadden fish oil and 5% kernel palm oil;  $R_3 = 0\%$  manhadden fish oil and 10% kernel palm oil. The second step:  $R_{31}$  = basal feed + 0 mg vitamin E /kg of feed;  $R_{32}$  = basal feed + 10 mg Vitamin E /kg of feed;  $R_{33}$  = basal feed + 20 mg Vitamin E /kg of feed;  $R_{34}$  = basal feed + 30 mg Vitamin E /kg of feed. Research was done use Completely Randomized Design (CRD), each treatment was repeated 6 times. Data then were analyzed using analysis of varian continued with Duncan Test. The result showed that the first step rationof affected sperm motility and concentration, but very significantly (P<0.01) not significantly (P>0.05) affected mortality and abnormality of sperm. The second step of study showed that the treatment affected abnormality, motility and concentration of sperm very significantly (P<0.01), and significantly (P<0.05) affected sperm mortality. It was concluded that vitamin E supplementation in feed containing manhadden fish and kernel palm oils improved the sperm quality (improved motility and concentration, reduced mortality and abnormality) and improve the testicular development.

Keywords: Vitamin E, Sperm Quality, Histological Profile Of Testes

# INTRODUCTION

Animal reproduction in animal develop especially in avian, was influenced by nutrient intake. In sufficient of nutrient intake could fatally affect to the animals such as embryonic fatality, reproduction organ disorder, sex maturity disorder, less number and vitality of sperm or may stop the spermatogenesis. Thus, the availability of food needed by animal is necessity in order to keep the reproduction and production process run well.

Good quality of food should contain certain ingredient such as essential fatty acids especially long chain fatty acids which contain omega 3 (linolenic acid) omega 6 (linoleic acid) and omega 9 (oleic acid). Linoleic acid (18:3 $\omega$ 3) and oleic acid (18:1 $\omega$ 3) were found in plant oils such as from soybean, rapeseed and peanut. However, linolenic acids such as eicosa penthanoic acid, *EPA* (20:5 $\omega$ 3) and docosa hexanoic acid, DHA (22:6 $\omega$ 3) could be found such as in fish oil.

Increasing the need of fatty acid resulted in demand on vitamin E which needed as antioxidant as well as male and female fertilities factor. Unsaturated fatty acids were easily oxidized to peroxides. By the availability of vitamin E, the fatty acids were protected from oxidation. It was due to the role of vitamin E as antioxidant. Broodstock food composition was a main factor in developing antioxidant system in embryo during embryogenesis and initial was days of newly hatched chicks (DOC) (Surai *et al.*, 1999).

# MATERIALS AND METHODS

The experiment was carried out from April 2004 to November 2005. This research was done in Laboratory of Animal Feed Department of Animal Feed and Nutrition GMU, Yogyakarta. Laboratory of Animal Feed and Nutrition and Experimental Sub-station Faculty of Animal Sciences UNSOED, Purwokerto

# Cages and Utensils

20 cockerels of native chickens were reared for 5 months, in indovodual cages (pen cages) with 50 cm length, 33 cm width and 25 cm height, were completed with drinking water cups made from plastic and bamboo feeding container. The barn were accompany by utensils such as wall thermometer, wall hygrometer, balance, disinfectant sprayer, spuit, plastic boxes, cleaning utensil and microscop.

The research was *in vivo* experiment using Completely Randomized Design (Steel and Torrie, 1981). The treatment consisted of 4 ration and each treatment was repeated 6 times. Data were analysed using analysis of varian and Duncan test (Gill, 1978). Complete ration composition is shown in Table 1.

### Experiment I:

 $R_0 = 0\%$  manhadden fish oil and 0% kernel palm oil

 $R_1 = 10\%$  manhadden fish oil and 0% kernel palm oil

 $R_2 = 0\%$  manhadden fish oil and 10% kernel palm oil

 $R_3 = 5\%$  manhadden fish oil and 5% kernel palm oil

### Experiment II

 $R_{31}$  = basal ration (5% manhadden fish oil and 5% kernel palm oil)

 $R_{32}$  = basal ration + 10 mg vitamin E/kg feed

 $R_{33}$  = basal ration + 20 mg vitamin E/kg feed

 $R_{34}$  = basal ration + 30 mg vitamin E/kg feed

### Data collection procedures

Semen kolections has been done when the age of cockerels reach their puberty (5-6 month old). Semen collecting activities done 3 times as long as the research proceeds, and each semen collection repeated 3 times with internal of one week.

### 1. Mortality

- 2. Motility and abnormality by semen determination under microscope with magnitude of  $40 \times 10$ . Motility percentage based on mass movement / progress movement.
- 3. Abnormality, based on percentage of normal sperm cells number devided by total sperm cell count
- 4. Sperm cell concentration, based on Toelihere (1985) that is :  $Y = X \times \frac{400}{80} \times 200 \times 10 = 10.000 \text{ x/mm}^3 \text{ or } 10 \text{ X} \times 10^6 \text{ sperm cell/ml}$
- 5. Parafin and hematoxylin methods used to make histological preparation to examine histological profile of testis.

Table 1. Nutrient composition of native chicken ration

		S	tep I		Step II				
Food material (%)	R <sub>0</sub>	$R_1$	R <sub>2</sub>	R <sub>3</sub>	R <sub>31</sub>	R <sub>32</sub>	R <sub>33</sub>	R <sub>34</sub>	
Vitamin E (mg/kg	0,00	0,00	0,00	0,00	0,00	10,00	20,00	30,00	
feed)									
Manhadden fish oil	0,00	0,00	10,00	5,00	5,00	5,00	5,00	5,00	
Kernel palm oil	0,00	10,00	0,00	5,00	5,00	5,00	5,00	5,00	
Yellow corn	65,00	11,00	11,00	11,00	36,00	36,00	36,00	36,00	
Ricebran	7,00	52,00	52,00	52,00	36,00	36,00	36,00	36,00	
Soy flake	15,00	14,00	14,00	14,00	6,00	6,00	6,00	6,00	
Fishmeal	6,00	6,00	6,00	6,00	4,00	4,00	4,00	4,00	
Calcium powder	2,50	2,50	2,50	2,50	2,00	2,00	2,00	2,00	
Salt	1,50	1,50	1,50	1,50	0,40	0,40	0,40	0,40	
DL-Methionine	0,75	0,75	0,75	0,75	0,10	0,10	0,10	0,10	
L-Lysin HCl	0,75	0,75	0,75	0,75	0,10	0,10	0,10	0,10	
Topmix	1,50	1,50	1,50	1,50	0,40	0,40	0,40	0,40	
Cassava solid waste	0,00	0,00	0,00	0,00	2,50	2,50	2,50	2,50	
Soy hull	0,00	0,00	0,00	0,00	2,50	2,50	2,50	2,50	
Total	100,00	100,00	100,00	100,00	100,00	100,00	100,00	100,00	
Nutrient composition	R <sub>0</sub>	$R_1$	$R_2$	$R_3$	R <sub>31</sub>	$R_{32}$	$R_{33}$	R <sub>34</sub>	
Protein (%)	15,07	15,08	15,08	15,08	12,60	12,24	12,93	12,64	
Metabolic energy	2900,00	2900,00	2900,00	2900,00	3034	3034	3034	3034	
(Kcal/Kg)							***		
Lipid (%)	3,92	6,57	6,57	6,57	6,88	6,88	6,88	6,88	
Raw fibre (%)	2,59	3,69	3,69	3,69	6,39	6,39	6,39	6,39	
Ca (%)	1,25	1,26	1,26	1,26	1,20	1,20	1,20	1,20	
P available (%)	0,50	0,90	0,90	0,90	0,81	0,81	0,81	0,81	
Lysin (%)	1,03	1,01	1,01	1,01	0,40	0,40	0,40	0,40	
Methionine (%)	1,59	1,63	1,63	1,63	0,75	0,75	0,75	0,75	

# RESULTS AND DISCUSSION

The measurement of sperm quality i.e. mortality, abnormality, motility, and konsentration of sperm can be seen in Table 2. abnormality, motility and concentration of sperm, and significantly (P<0.05) affected sperm mortality.

The result of first step showed that treatment effect on cockerel at the age of 22 months is not significantly different on mortility and abnormality of sperm cell, however was highly significant effect (P<0.01) on motility and concentration of sperm cells effect of  $R_3$  treatment resulted in lowest rate of mortility and abnormality, and highest rate of motility and concentration of sperm cell. The effect of feeding combination of menhaden fish and kernel palm oils show increasing in sperm quality as showed by Surai *et al.* (2000) was stated that supply of phospholipids decrease than the

result also decreased spermatozogenesis rate and semen quality (Kelso *et al.*, 1997; and Cerolini *et al.*, 1997), and it was followed by formation of Sertoli cells and increasing number of Leydig cells, due to hyperplasia activity (Lamming, 1990).

Analysis of variance on second step of experiment showed that the effect of treatment is significantly (P<0.05) higher in mortality, and highly significanty (P<0.01) effect on abnormality and sperm cell concentration. The average result showed that mortality was about 12,99% (R<sub>31</sub>) to 16,63% (R<sub>32</sub>) and abnormality 6,74%(R<sub>33</sub>) to 9,49% (R<sub>32</sub>). The result of this experiment was better than the result of Haryati (2001), that the mortality of Kedu chicken range from 16.45 to 20.98 %, and the abnormality range between 21.1 to 24.37 %. Result of this experiment shows that concentration of sperm cells range between 3,88x10<sup>9</sup>/ml to 4,58x10<sup>9</sup>/ml (R<sub>34</sub>). The result was almost the same with result of Utomo (1997) experience, that concentration of sperm cells range between 3,09 x 10<sup>9</sup>/ml to 3,82 x 10<sup>9</sup> /ml. Nasroedin et al., (1993) stated that sperm cells concentration of native chicken range between 3,08 x 10<sup>9</sup> /ml to 3,9 x 10<sup>9</sup> /ml. Lake (1983) stated that sperm cell concentration is affected by nutrition and the age of chicken. Cooper et al (1987) stated that deficiency of Vitamin E in feed cause decreate of proliferation and differentiation of germ cells, however did not affect on gonadotropin function and serum tetstosterone concentration, as a well as the seminal vesicle weight and citrate concentration Vitamin E deficiency will inhibit on LH-Testoterone feedback, and it is clear that Vitamin E will decrease member of germ cell, and testicular degeneration.

Histological profile of testis could be examined in fifuge 1. It showed that the treatment effected on histological profile, manhadden fish oil addition caused increasing number tubuli seminiferus compared to without manhadden fish oil. The role of manhadden fish oil that contained abundant of long chain fatty acids improve testis development as stated by Surai et al., (2000), and the addition of long chain fatty acid containing omega 3 and 6 could improve testis and liver development of chicken. The role of long chain fatty acid on sperm cell function were to increasing in sperm phospholipids content. Rettersol et al., (1998) stated that the role of long chain fatty acid on testis was to join together among phospholipids cell membrane. Long chain fatty acids especially C20:4n-6 would be increasing spermatogenesis, and resulted in increasing testis mass as well as increasing sperm cell are count, too.

The result of experiment II on histological profile testis were showen in Figure 2. It is identified that R<sub>34</sub> treatment that composed of basal ration with manhadden fish and kernel palm oils addition, then added with vitamin E in the amount of 30 mg/kg ration would cause increasing number were *tubuli seminiferus* And germ cells, compared to the other treatments.

The role Vitamin E were as antioxcidant agent and protected *epitelium* germination degeneration. Djawadun (2001) stated, that vitamin E feed increased tubuli seminiferus development, *epitelium germinativum*, and *Leydig cells* in duck. Tocopherol antioxcidant in vitamin E was fat diluted antioxcidant, so that it was easily enter the cell and reacted on free radicals (Miller dan Slebodzinska, 1993; Wijaya, 1996). Lipid peroxcidation could be protected by tocopherol antioxcidant, decreasing the rate of unsaturated fatty acid oxidation of the membrane and prolecting the intact of plasma membrane. Alpha tocopherol has the ability as effective inhibitor on sate of lipid peroxcidation, due to the fact that each tocopherol molecule could react with 2 peroxcyl radicals (Krinsky, 1992).

Tabel 2 E	ffect of	treatments	on sperm	cell	auality
-----------	----------	------------	----------	------	---------

	Step I				Step II				
	$\mathbf{R}_0$	$\mathbf{R}_{1}$	$R_2$	$\mathbb{R}_3$	R <sub>31</sub>	$R_{32}$	R <sub>33</sub>	R <sub>34</sub>	Sig
Mortality (%) <sup>ns</sup>	15,93	11,35	14,09	11,23	12,99 a	16,63 <sup>b</sup>	14,79 ab	13,39 a	*
Abnormality (%) <sup>ns</sup>	14,47 80,83	12,71 89,17	16,48 85,83	12,23 85,83	7,14 a	9,49 a b	6,74 <sup>b</sup>	7,71 <sup>b</sup>	**
Motility (%) **	a a	b	b	b	80,00°a	81,67 <sup>b</sup>	81,67 <sup>b</sup>	83,33 <sup>b</sup>	**
Concentration 10'	2,78 a	2,88 a	4,17 <sup>b</sup>	5,38°	4,01 a	3,64 a	4,05 a	4,58 b	**

Note:  $ns = non significant^{ns}$  (P>0.05) Different superscript in the same line indicated significant differences;

<sup>\*\* =</sup> very significant differences ( $P \le 0.01$ ), \* = significant differences ( $P \le 0.05$ )

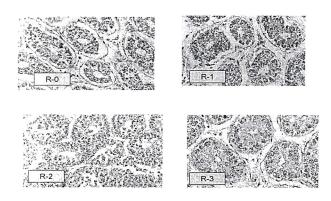


Figure 1. Histological profile of testis, as observed from experiment I (magnitude of 400 x)

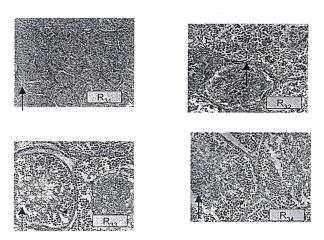


Figure 1. Histological profile of testis, as observed from experiment II (magnitude of 400 x)

## CONCLUSION

The use of 5 % manhadden fish and 5 % kernel palm oils combination and vitamen E suplementation at 30 mg/kg of ration for native chicken had been approved in native chicken sperm quality dan testes develop.

### AKNOWLEDGEMENT

Thanks to Competitive Grant Project XII (Proyek Hibah Bersaing XII) which provide fund for this research.

# REFERENCES

- Cerolini, S., K.A. Kelso, R.C. Noble, B.K. Speake, F. Pizzi, and L.G. Cavalchini, 1997. Relationship between spermatozoa lipid composition and fertility during ageing in the chickens. *Biol. of Reprod.* **56**: 976-980.
- Cooper, O.R. King and MP. Carpenter. 1987. Effect of vitamin E deficiency on serum concentration of follicle-stimulating hormone and testosterone during testicular maturation and degeneration. *Endoc.* Vol. 120:83-90.
- Djawadun. 2001. Pengaruh sex ratio dan lama pencampuran dengan level vitamin E dalam ransum terhadap produksi dan reproduksi itik Turi. Tesis. Program Pasca Sarjana Universitas Gadjah Mada, Yogyakarta.
- Gill, J.L. 1978. Design and Analysis Experiment in The Animal and Medical Science. Vol 2. The Iowa State University of Florida, Gaine ville, Florida.
- Haryati. 2001. Pengaruh pemberian hormon testosteron dan oksitosin terhadap kuantitas dan kualitas semen ayam kedu hitam. Tesis. Program Pasca Sarjana Universitas Gadjah Mada, Yogyakarta.
- Kelso, A.K., S.Cerolini, B.K. Speake, L.G.Cavalchini, and R.C. Noble. 1997. The Effect of dietary supplementation with α-linoleic acid on the phospholipid fatty acid composition and the quality spermatozoa in the cockerel from 24 to 72 weeks of age. *Reprod. and Fert.* 110: 53-59.
- Krinsky, N. 1992. Mecanism of action of biological antioxidants. Proc. Soc. Exp. *Biol and Med*.vol.200.
- Lake, P.E. 1983. Factors affecting the fertility level in poultry, with special reference to artificial insemination. *World's Poul.Sci.J.* **39**:106-117
- Lamming, G.E. 990. Marshall's Physiology of Reproduction. Vol.2. Reproduction in the animal. Churchil Livingstone. Melbourne. P.106-110.
- Miller, J.K. and B. Slebodzinska. 1993. Oxidative stress. Antioxsidants and animal fuction. *J. Dairy Sci.* **76**:2812-2832
- Nasroedin, Tri Yuwanta, dan J.H.P. Sidadolog. 1993. Waktu, frekuensi dan sistem perkawinan terhadap fertilitas, kualitas sperma dan performan ayam kampung yang dipelihara secara semi intensif. Lembaga Penelitian Universitas Gadjah Mada, Yogyakarta.
- NRC. 1984. Nutrien Requirement of Poultry. The 9<sup>th</sup> Ed.National Academic Press, Washington D.C.,USA.
- Rettersol, K.T., B. Hugen, B. Woldseth and B.O. Christopherson. 1998. A comparative study of the metabolism of n-9, n-6 and n-3 fatty acids in testicular cells from immature rat. Biochim. Biophys. Acta. 1392:59-72.

- Steel, R.G.D. and J.H. Torrie. 1981. Principles and Procedures of Statistics. Mc Graw-Hill Book Co.Inc.Pub.Ltd.London.
- Surai, P. E., R.C. Noble, and B.K. Speake. 1999. Relationship between vitamin E content and susceptibility to lipid peroxdation in tissues of the newly hatched chick. *Brit. Poult. Sci.* 40: 406-410.
- Surai, P. E., Noble, R.C., N.H.C. Sparks and Speake, B.K. 2000. Effect of Long-term Supplementation with Arachidonic or Docosahexaenoic Acids on Sperm Production in The Broiler Chiken. *Reprod. and Fert.* **120**: 257-264.
- Toelihere, M.R. 1985. Fisiologi Reproduksi pada Ternak. Penerbit Angkasa Bandung
- Utomo, S. 1997. Pengaruh penggantian plasma seminal dengan larutan *Beltsville Poultry Semen Extender* (BPSE) pada penyimpanan 4 C selama 24 jam terhadap fertilitas ayam kampung. Tesis UGM, Yogyakarta.
- Wijaya, A. 1996. Radikal bebas dan parameter status antioksidan. Forum diagnostikum, Prodia diagnostics educational services.

Table 1. Nutrien composition in ration of native chicken

Bahan pakan (%)	R <sub>0</sub>	R <sub>1</sub>	R <sub>2</sub>	R <sub>3</sub>	R <sub>31</sub>	R <sub>32</sub>	R <sub>33</sub>	R <sub>34</sub>
Vitamin E (mg/kg pakan)	-	-	-	-	0,00	10,00	20,00	30,00
Minyak ikan lemuru	0,00	0,00	10,00	5,00	5,00	5,00	5,00	5,00
Minyak kelapa sawit	0,00	10,00	0,00	5,00	5,00	5,00	5,00	5,00
Jagung kuning	65,00	11,00	11,00	11,00	36,00	36,00	36,00	36,00
Dedak padi	7,00	52,00	52,00	52,00	36,00	36,00	36,00	36,00
Bungkil kedele	15,00	14,00	14,00	14,00	6,00	6,00	6,00	6,00
Tepung ikan	6,00	6,00	6,00	6,00	4,00	4,00	4,00	4,00
Tepung batu kapur	2,50	2,50	2,50	2,50	2,00	2,00	2,00	2,00
Garam	1,50	1,50	1,50	1,50	0,40	0,40	0,40	0,40
DL-Metionin	0,75	0,75	0,75	0,75	0,10	0,10	0,10	0,10
L-Lisin HCl	0,75	0,75	0,75	0,75	0,10	0,10	0,10	0,10
Topmix	1,50	1,50	1,50	1,50	0,40	0,40	0,40	0,40
Onggok	100,00	100,00	100,00	100,00	2,50	2,50	2,50	2,50
Kulit kedele	$R_0$	R <sub>1</sub>	R <sub>2</sub>	R <sub>3</sub>	2,50	2,50	2,50	2,50
Total		15,08	15,08	15,08	100,0	100,00	100,0 0	100,00
Komposisi Nutrien :		2900,00	2900,00	2900,00	R <sub>31</sub>	R <sub>32</sub>	R <sub>33</sub>	R <sub>34</sub>
Protein (%)	15,07	6,57	6,57	6,57	12,60	12,24	12,93	12,64
Energi Metabolis (Kkal/Kg)	2900,00	3,69	3,69	3,69	3034	3034	3034	3034
Lemak (%)	3,92				6,88	6,88	6,88	6,88
Serat Kasar (%)	2,59				6,39	6,39	6,39	6,39
Ca (%)	1,25	1,26	1,26	1,26	1,20	1,20	1,20	1,20
P Available (%)	0,50	0,90	0,90	0,90	0,81	0,81	0,81	0,81
Lisin (%)	1,03	1,01	1,01	1,01	0,40	0,40	0,40	0,40
Metionin (%)	1,59	1,63	1,63	1,63	0,75	0,75	0,75	0,75
Total $n = 3$	0,77	13,22	14,07	14,92				
Total n = 6	1,12	13,21	12,07	10,93				
Total n = 9	49,14	21,70	19,16	16,62				

Ket: Hasil analisis Lab. Nutrisi dan Makanan Ternak UNSOED (2005)

<sup>\*)</sup> Hasil perhitungan dengan Tabel NRC (1984)