

## PREFACE

It is with great anticipation that we present this edition of our family medicine journal, reflecting the ongoing commitment to advancing primary care practice through research, education, and community engagement. The articles featured in this issue demonstrate the breadth and depth of family medicine's role in addressing public health priorities, enhancing chronic disease management, and promoting inclusive, holistic care across diverse populations.

This edition underscores family medicine's pivotal contribution to strengthening primary health services, particularly through innovations in community-based care, the application of preventive strategies, and the adaptation of clinical practices during public health emergencies. It highlights the discipline's critical engagement in capacity building, the integration of marginalized groups into health initiatives, and the ongoing refinement of chronic disease programs to improve patient outcomes over time.

The included case report further exemplifies the principles of comprehensive, person-centered care that lie at the heart of family medicine, emphasizing the importance of addressing physical, emotional, and social dimensions in clinical management.

Through these scholarly contributions, we reaffirm the essential role of family physicians as leaders in the transformation of primary care, dedicated to building

resilient, equitable, and responsive health systems. We trust that this edition will serve as both an inspiration and a resource for continued advancement in our field.

### **An Ode to Family Medicine**

*In halls where healing stories grow,  
A steadfast light, the healers know.  
Through hands that guide, through hearts that care,  
New hopes arise in open air.  
In every home, in every street,  
Where life and health and courage meet,  
A voice of wisdom, steady, kind,  
Tends both the body and the mind.  
With every step, the future's sown—  
A stronger field, a brighter tone.  
Family medicine leads the way,  
To gentler nights and stronger day.*

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