

## PREFACE

Dear honorable scholars and readers of Review of Primary Care Practice and Education (RPCPE,

Welcome to the new era of a possible endless pandemic of Covid 19,

Recent local observations show that many health professionals who have been vaccinated two times with attenuated Coronavirus show limited or no symptoms when proven to be infected via swab-PCR for Covid-19 tests. This finding is still in the study process, so it cannot be taken as a conclusion. However, the results show a significant hope for the people to live with and finally end this pandemic.

Nevertheless, population immunity can only be reached when 70% of the population had vaccinated in the range of period of less than one year. So the journey to herd immunity can be last for years ahead. This phenomenon is extremely challenging if we think about the world's current population with more than 7.6 billion people and increasing. High populated countries, in big continents like China, India, USA, and Indonesia, have different challenges with other smaller populated countries, and a one-island country i.e., Taiwan, New Zealand, Singapore. Population distribution, global migration, cultural diversity, collide

with health promotion and vaccine production capabilities

In this early edition of RPCPE 2021, we still discuss lifestyle habits during this pandemic period that most people stay at home. A house transform its function into an office, a school, a meeting space, and at the same time should be a comfortable place to live, to take a rest, to serve breakfast, lunch, and special dinner, to listen to music, to love and grow pets and plants, also vegetables, and fruits. Work and sleep, laugh and serious arguments, exercise and office wardrobe, are now in the same place called 'home'.

A family doctor should and can assist their families, neighbors, and community to adapt to the situation and provide energies for the people.

Stay well, stay safe, and stay happy (can be started with full of graciousness and mindfulness).

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