# SETTING UP THE WORLD HEALTH ORGANIZATION (WHO) SINGAPORE EMERGENCY MEDICAL TEAM (SGEMT) FOR A TYPE 1 FIXED FACILITY DEPLOYMENT

Li Juan Joy Quah 1\*, Shu Fang Ho 1, Doreen Tan 2, Fadhilah Ishami Muhammad Faisal 2 and Kee Chong Ng 3,

<sup>1</sup> Singapore General Hospital: <u>joy.quah.l.j@singhealth.com.sg</u>; <u>ho.shu.fang@singhealth.com.sg</u>

<sup>2</sup> Changi General Hospital: <u>doreen\_tan@cgh.com.sg</u>; <u>fadhilah\_ishami\_muhammad\_faisal@cgh.com.sg</u>

<sup>3</sup> Changi General Hospital & Sing Health: <u>ng.kee.chong@singhealth.com.sg</u>

 $*Correspondence: \underline{joy.quah.l.j@singhealth.com.sg}$ 

**Submitted**: 02-09-2024 **Revised**: 05-11-2024 **Accepted**: 07-12-2024

#### **List of Abbreviations**

ACLS : Advanced Cardiac Life Support

APLS : Advanced Paediatric Life Support

ARCH : ASEAN Regional Capacity on Disaster Health Management

ASEAN : Association of Southeast Asian Nations

ATLS : Advanced Trauma Life Support

BCLS : Basic Cardiac Life Support

CCTS : Clinical Care Technical Standards

EMT : Emergency Medical Team

EMTCC : Emergency Medical Team Coordination Cell

HMLS : HAZMAT Medical Life Support

LSCN : Life Support Course for Nurses

MFA : Ministry of Foreign Affairs

MHA : Ministry of Home Affairs

MINDEF : Ministry of Defence

MOH : Ministry of Health

NHG : National Healthcare Group

NUHS : National University Health System
PAHO : Pan American Health Organization

SGEMT : Singapore Emergency Medical Team

SINGHEALTH : Singapore Health Services

#### L.J.J. Quah et al.

STES : Singapore Technologies Engineering Synthesis

UN : United Nations

WASH : Water, Sanitation and Hygiene

WHO : World Health Organization

#### **ABSTRACT**

**Introduction:** The World Health Organisation (WHO) Emergency Medical Team (EMT) initiative was formed in 2010 and is part of the United Nations' (UN) international disaster management and response ecosystem. To date, WHO has verified more than 35 EMTs internationally. The Association of Southeast Asian Nations (ASEAN) Regional Capacity on Disaster Health Management (ARCH) project was established in 2016 and is the collaboration mechanism for comprehensive capacity strengthening on disaster health management within ASEAN. In 2018, ASEAN member states accepted WHO's call for accredited EMTs and adoption of WHO standards. Within ASEAN, Thailand was the first to set up a WHO-EMT in 2019. In partnership with Singapore's Ministry of Health (MOH), Singapore Health Services (SingHealth), the largest public healthcare cluster, was tasked to help set up Singapore's in inaugural overseas emergency medical team under the WHO framework - the Singapore Emergency Medical Team (SGEMT) in 2023. **Objective:** This paper documents and shares key milestones during the creation of SGEMT. **Methods:** This is a qualitative study based on openended interviews with eight core members of the SGEMT planning committee and review of the relevant documents and processes pertaining to the overall disaster health response of the WHO EMT system and how SGEMT was developed by MOH and its public healthcare sector. A deductive approach to thematic analysis of the materials was performed. **Results:** Several themes were identified in the process of SGEMT formation. In chronological order, they were the whole-of-government approach, selecting the most suitable EMT typology, creating the EMT organizational structure, division of labour through creation of different working groups for different core technical standards and choosing the commercial tendering process for WASH and logistics. This process was augmented by guidance from WHO and regional partners through a mentorship programme. Conclusion: The process of creating SGEMT required strong political and organizational will. It was thematically sequenced into several crucial steps and required effective project management at various levels of labour division and invaluable input from WHO mentors. More academic papers should be written on the set-up of the WHO EMT, comparing experiences to obtain best practices and encouraging more teams to get accredited. This will greatly boost the international disaster response capabilities.

Keywords: WHO Emergency Medical Team; Singapore Emergency Medical Team; Capacity-Building

#### **INTRODUCTION**

The World Health Organization (WHO) Emergency Medical Team (EMT) initiative was formed in 2010, following the suboptimal international medical response in Haiti in 2010 and the recommendations from the WHO-Pan American Health Organization's (PAHO) guidelines on Foreign Field Hospitals in the Aftermath of Sudden-Impact Disaster (1–2). The WHO EMT Global Classification is an external peer review evaluation mechanism that assesses EMT compliance against internationally agreed guiding principles, and core and technical standards (1). Once an EMT is accredited by WHO, it enters the WHO registry of internationally deployable teams and is part of the United Nations' (UN) international disaster management and response ecosystem (3). Upon activation, WHO EMTs will report to EMT Coordination Cell (EMTCC) within the affected country before being deployed to its designated operational site. Since 2013, the WHO EMT system has been utilized in several disasters, including the 2015 Nepal earthquake and the 2020 Beirut Harbour explosion (4–8).

As part of the Association of Southeast Asian Nations (ASEAN), Singapore participates in the ASEAN Regional Capacity on Disaster Health Management (ARCH) project, which was established in 2016 (9). The ARCH project is the collaboration mechanism for comprehensive capacity strengthening on disaster health management at national and regional levels within ASEAN. ASEAN Member States (AMS) have been committed to provide effective mechanisms to achieve substantial reduction of disaster losses and to jointly respond to disaster emergencies through concerted efforts and strengthened collaboration (10–12). In 2018, AMS accepted WHO's call for accredited EMTs and adoption of WHO standards. Within ASEAN, Thailand was the first to set up a WHO EMT in 2019 (13).

Singapore is an island-state with a land area of 735.2 km<sup>2</sup> and a population of 5,917,600 (14–15). Its healthcare system consists of both public and private services. The hospital sector is dominated by public healthcare service, which provides for 83.8% of hospital beds and 77.8% of hospital admissions, and operates under three healthcare clusters, namely Singapore Health Services (SingHealth), National Healthcare Group (NHG) and National University Health System (NUHS) (16). Every cluster has its own network of primary care clinics, specialist centres, referral hospitals, and step-down care facilities.

Following the ASEAN commitment to WHO EMT standards in 2018, Singapore embarked on its journey to achieve WHO EMT accreditation in 2019. As the intent was to take

a whole-of-government approach, this required multiple and repeated discussions with various key stakeholders within Ministry of Health (MOH), Ministry of Defence (MINDEF), Ministry of Home Affairs (MHA) and Ministry of Foreign Affairs (MFA). The process was further delayed by the COVID-19 pandemic from 2020 to 2023. In 2023, Singapore resumed its journey toward developing a Singapore Emergency Medical Team (SGEMT), and successfully underwent the WHO EMT verification process in September 2024. This paper documents and shares key milestones during this journey.

#### **METHODS**

This paper is exempted from institutional review board approval. This is a qualitative study based on interviews and document review. Relevant documents pertaining to the overall disaster response of the WHO EMT system and SGEMT planning committee meeting minutes were reviewed. In June 2024, open-ended interviews were carried out face-to-face with all eight core members of the SGEMT planning committee. The core group consists of one director and three managers from MOH as well as two doctors, one nurse and one clinical operations administrator from SingHealth. A deductive approach to thematic analysis was performed by the authors. Informed consent was taken from interviewees and the owners of the meeting minutes. Confidentiality was waived by the interviewees as it presented no more than minimal risk of harm and the process was to elicit facts.

#### **RESULTS**

Based on the document review and open-ended interviews, several themes were identified. In chronological order, they were the whole-of-government approach, selection of EMT typology, the SGEMT organizational structure, the two core technical standards, development of the SGEMT clinical care technical standards (CCTS), outsourcing of the water, sanitation, hygiene (WASH) and logistics requirements. Throughout the process, SGEMT also received invaluable guidance from WHO and regional partners.

#### Whole-of-Government Approach

WHO EMTs come from a myriad of backgrounds. EMTs can be from government, non-governmental organizations, military, or international humanitarian networks such as the International Red Cross and Red Crescent Movement (1). The ideology behind Singapore's push to achieve WHO EMT accreditation is the government's commitment to ASEAN's ARCH project (9). Based on this; the approach was to form a government-backed, public healthcare

entity for WHO EMT verification. This also ties in with Singapore's local disaster response system, which utilizes a whole-of-government integrated risk management policy and deploys field medical teams from various public healthcare hospitals to the disaster site for on-site medical management of casualties (17).

For the formation of SGEMT for WHO accreditation, expertise from the following ministries were involved – MOH, MINDEF, MHA and MFA.Members from these ministries take on advisory roles in the establishment and accreditation of SGEMT. Depending on the nature of the deployment, members from MINDEF's Singapore Armed Forces or MHA's Singapore Civil Defence Force may also be invited to deploy as SGEMT partners. To ensure maximal efficiency, a conscious decision was made to appoint one of the three healthcare clusters to lead this effort. Members of the same healthcare cluster are more familiar with each other's capabilities and the availability of expertise. Administrative matters, such as requesting for time off and training venues, can also be settled promptly by one management level, assisted by one secretariat.

In partnership with MOH, SingHealth, being the largest of the three healthcare clusters, was tasked to set up Singapore's inaugural SGEMT for WHO EMT accreditation. The long-term plan is to rotate standby periods between the three healthcare clusters at steady state. Hence, to ensure continuity, pre-identified healthcare leaders from the other two clusters were invited to be advisors and observers to the developmental process.

#### Selection of EMT Typology

There are different types of EMT under the WHO framework, based on the mobility and level of care that can be provided (1). These are described in Table 1. Singapore has been involved in regional humanitarian efforts before, including deployment to Indonesia after the 2004 Indian Ocean earthquake and tsunami, and to Nepal after the 2015 earthquake (18–19). Prior to considering WHO EMT accreditation, standby rosters for overseas deployment of field medical teams, from the public healthcare sector, were already present. Singapore's current overseas field medical team's efforts are centred around primary healthcare but are also equipped to provide resuscitation and minor procedures. The prior deployments have mostly been in a fixed location, with occasional deployment of a small splinter medical team to more remote areas (19). This existing resource was a fit for the EMT Type 1, defined by WHO as "primary care facilities that can provide acute emergency care to the community" (1). With

these considerations, Singapore decided on a Type 1 fixed facility accreditation process, to fully utilize currently available resources and experience.

Table 1. WHO EMT Typology

Type of Teams	Description	Operational from	Field
		arrival to affected area	operational for
		by at least:	at least
	Provide daylight hours care for stabilization of acute trauma and non-trauma presentations, referrals for further		
Type 1 Mobile	investigation or inpatient care and community-based primary care with the ability to work in multiple locations over the period of a deployment.	24 hours	2 weeks
Type 1 Fixed	Provides daylight hours care for acute trauma and non-traua presentations, referrals and for ongoing investigation or care and community-based primary care in an outpatient fixed facility.	24 hours	2 weeks
Type 2 Inpatient Surgical Emergency Care	Provides Type 1 services plus general and obstetric surgery for trauma and other major conditions as well as inpatient acute care.	24-36 hours	3 weeks
Type 3 Inpatient Referral Care	Provides Type 2 services plus complex referral and intensive care capacity.	36-48 hours	4 weeks
Specialized Care Teams	Additional specialized care teams that can be embedded in local health-care facilities or Type 2 or Type 3 unless specified otherwise, which can provide the following services: outbreak, surgical, rehabilitation, mental health, reproductive and newborn care, interdisciplinary, interhospital and technical support.	Variable	Variable

Source: Quah et al., 2025

#### The SGEMT Organizational Structure

The expected patient load for a EMT Type 1 fixed facility is 100 per day, operating largely during daylight hours for a minimum of two weeks (1). The clinical management is expected to centre around treatment of trauma and non-trauma emergencies, stabilization and referral of

## SETTING UP THE WORLD HEALTH ORGANIZATION (WHO) -SINGAPORE EMERGENCY MEDICAL TEAM (SGEMT) FOR A TYPE 1 FIXED FACILITY DEPLOYMENT

patients requiring inpatient services, primary healthcare for basic communicable and non-communicable diseases, and basic reproductive health services. The final number of members in each WHO EMT is self-determined, taking into consideration that the team must be self-sufficient for the duration of deployment. Based on these parameters, the decision was made to form an 18-member medical team, with five doctors, ten nurses, one rehabilitative physiotherapist, one clinical psychologist and one clinical support staff. This number is above the recommended 12-member medical team as stated in the WHO published guidelines for classification and minimum standards for emergency medical teams (1). The medical members are all from Singhealth. In addition to this 18-member medical component, there is an additional 5-member administrative team from MOH and a 10-member logistic team from a designated logistics partner, to form a 33-member SGEMT contingent. Figure 1 shows the organization structure of SGEMT.

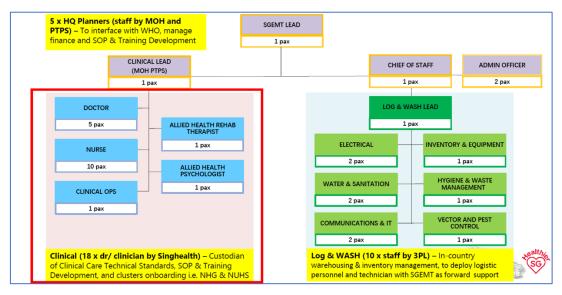


Figure 1. SGEMT Organizational Structure

Source: Quah et al., 2025

The make-up of the 18-member medical component is crucial to achieve operational competence for a Type 1 fixed facility. The team needs to have expertise in emergency medicine, family medicine, paediatric medicine, midwifery, rehabilitation, wound care and clinical psychology. As a basic requirement, all medical members must be certified in Basic Cardiac Life Support (BCLS). Within the team, there would be at least one member certified in Advanced Cardiac Life Support (ACLS), Advanced Paediatric Life Support (APLS), Advanced Trauma Life Support (ATLS), HAZMAT Medical Life Support (HMLS), Life Support Course

for Nurses (LSCN), Advanced Nursing Diploma in Emergency Medicine, Advanced Nursing Diploma in Midwifery and Psychological First Aid.

Table 2 shows the SGEMT clinical team make-up – each role's specialization, grade, and qualification required and its accompanying job description. Open calls for volunteers are regularly made and volunteers are recruited based on their specialization, grade and qualifications. It is mandatory for each member to go through a three-component SGEMT hybrid training programme comprising of e-learning modules, face-to-face workshop with a tabletop exercise and a ground deployment simulation exercise. A pool of 72 volunteers will be trained and placed on the standby roster. Upon activation, 18 personnel will be selected based on availability and needs

Table 2. SGEMT 18-member medical team, role description and qualifications required

Role	Specialization	Qualifications	Role Description
Doctor 1	Emergency	Specialisation: Emergency	Provide expert opinion on all clinical
(Medical	Medicine	Medicine	decisions related to adult emergency and
Lead)	Specialist	Grade: Consultant and	critical care and assumes primary
	(Consultant and	above	responsibility for all such decision-making.
	above)	Certification(s): BCLS,	Functions as trauma leader during
		ACLS, APLS, ATLS,	management of a major trauma patient.
		HMLS	Assists SGEMT Clinical Lead on
		Confident in using POCUS	administrative matters when called upon.
		in day-to-day work.	Maintain watchfulness for psychological
			welfare of personnel in medical branch and
			administer psychological first aid
			appropriately.
Doctor 2	Family Medicine	Specialisation: Family	Provide expert opinion on all clinical
	Specialist	Medicine	decisions relating to family medicine and
	(Consultant and	Grade: Consultant and	continuing care. Assumes primary
	above)	above	responsibility for all such decision-making.
		Certification(s): BCLS,	
		ACLS/APLS	
Doctor 3	Paediatric	Specialisation: Paediatric	Provide expert opinion on all clinical
	Emergency	Emergency Medicine	decisions relating to paediatric emergency
	Medicine	Grade: Senior Resident and	medicine and critical care. Assumes primary
	Specialist	above	responsibility for all such decision-making.
	(Senior Resident	Certification(s): BCLS,	
	and above)	APLS, ATLS, HMLS	

# SETTING UP THE WORLD HEALTH ORGANIZATION (WHO) -SINGAPORE EMERGENCY MEDICAL TEAM (SGEMT) FOR A TYPE 1 FIXED FACILITY DEPLOYMENT

Role	Specialization	Qualifications	Role Description
Doctor 4	Medical Officer /	Specialisation: None	Participate in seeing patients and have cases
	Junior Resident	required	cleared with an appointed senior.
	and above	Grade: MO PGY3 and	
	(MO Post-graduate	above	
	year (PGY) 3 and	Certification(s): BCLS,	
	above)	ACLS, APLS	
		Experience: At least 6	
		months' experience in ED	
		or polyclinic setting within	
		the last 2 years	
Doctor 5	Medical Officer /	Specialisation: None	Participate in seeing patients and have cases
	Junior Resident	required	cleared with an appointed senior.
	and above	Grade: MO PGY3 and	
	(MO PGY3 and	above	
	above)	Certification(s): BCLS,	
		ACLS, APLS	
		Experience: At least 6	
		months' experience in ED	
		or polyclinic setting within	
		the last 2 years	
Nurse 1	Emergency	Specialisation: Emergency	Lead and evaluate patient care activities and
	Medicine	Medicine	to ensure that care delivery is in accordance
	(Nurse	Grade: Nurse Manager /	with the established policies, procedures
	Manager/Clinician)	Nurse Clinician	and guidelines at the clinical areas. Monitor,
		Certification(s): BCLS,	evaluate and take corrective action on care
		Advanced Diploma (EM)	rendered by the team of nurses to maintain
		and ACLS/LSCN/ATLS	the highest standard at clinical areas.
		Experience: Minimum of 3	Coordinate and collaborate with patients,
		years of management	other healthcare team members and
		experience	patient's family on patient care and
			discharge needs. Take ownership of
			complex cases and facilitate smooth transfer
			to step down care. Provide direct patient
			care during surge capacity and in trying
			situations e.g., a complex or acutely ill
			patient. Monitor, evaluate and take
			corrective action on care rendered by the
			corrective action on care rendered by the

L.J.J. Quah et al.

Role	Specialization	Qualifications	Role Description
			team of nurses to maintain the highest standard of care.
Nurse 2	Emergency Medicine (Nurse Manager/Clinician)	As above	As above
Nurse 3	Emergency Medicine (Senior Staff Nurse)	Specialisation: Emergency Medicine Grade: Senior Staff Nurse Mandatory Certification(s): BCLS, Advanced Diploma (EM) Encouraged Certification(s): LSCN/ACLS/LSCN/PALS Experience: Trained in PAC-scale triage	Perform triage assessment and prioritize case based on severity of patient's illness and SGEMT policies. Assist with initial consultation, assessment, and management of patients with various acute medical or surgical complaints. Assist in performing basic procedures such as intravenous cannulation, urinary catheter insertion, toilet and suture of simple lacerations and backslab application independently. Assist in performing advanced procedures such as airway management including use of non-invasive ventilation and endotracheal intubation, setting of chest drains and manipulation and reduction of displaced fractures under supervision. Documenting nursing management and progress on the patient case records provided. Coordinating care of patients requiring transfers and conveyances to other healthcare facilities.
Nurse 4	Paediatric Emergency Medicine (Nurse Manager / Nurse Clinician / Senior Staff Nurse)	Specialisation: Paediatric Emergency Medicine Grade: Nurse Manager / Nurse Clinician / Senior Staff Nurse Certification(s): BCLS, APLS, Advanced Diploma (EM)	As above, with reference to paediatric patients.

# SETTING UP THE WHO-SINGAPORE EMERGENCY MEDICAL (SGEMT) FOR A TYPE 1 FIXED FACILITY DEPLOYMENT

Role	Specialization	Qualifications	Role Description
Nurse 5	Paediatric Emergency Medicine	Specialisation: Paediatric Emergency Medicine Grade: Senior Staff Nurse	As above.
	(Senior Staff	Certification(s): BCLS,	
	Nurse)	APLS	
Nurse 6	Midwifery	Specialisation: Midwifery	Provide quality nursing care to pregnant
	(Midwife)	Grade: Midwife	patients throughout the antepartum,
	()	Certification(s): BCLS,	intrapartum, and post-partum periods,
		Advanced Diploma in	including the care of newborn babies.
		Midwifery	Assists and guides patients on the
		·	different pain relief measures. Conducts
			normal vaginal deliveries for patients.
			Perform / assist in procedures such as
			prostin insertion, insertion of epidural
			catheter, removal of epidural catheter,
			insertion of fetal scalp electrode,
			artificial rupture of membranes and
			episiotomy repair. Initiates and supports
			breastfeeding. Document informative, accurate and concise statements on
			delivery data and nursing care in the
			patient case records provided.
Nurse 7	Midwifery	Specialisation: Midwifery	As above
	(Midwife)	Grade: Midwife	
		Certification(s): BCLS,	
		Advanced Diploma in	
		Midwifery	
Nurse 8	Community /	Specialisation: Community	Coordinate and manage care for patients.
	Polyclinic	/ Polyclinic	Implement and evaluate nursing care
	(Senior Staff Nurse	Grade: Senior Staff Nurse /	activities for patients. Perform a variety
	/ Senior Registered	Senior Registered Nurse	of simple invasive and non-invasive
	Nurse)	Certification(s): BCLS,	procedures related to care plans, within
		LSCN	the scope of duties. Assist doctors during
			clinical procedures, examination, and
			clinical assessment of patients as appropriate.
			Assess patient and develop discharge

Role	Specialization	Qualifications	Role Description
			Implement discharge plan and
			interventions and communicate the plan
			with the multi-disciplinary team
			members like doctors and allied health
			professionals.
Nurse 9	Community /	Specialisation: Community	As above
	Polyclinic	/ Polyclinic	
	(Senior Staff Nurse	Grade: Senior Staff Nurse /	
	/ Staff Nurse /	Staff Nurse / Registered	
	Registered Nurse)	Nurse	
		Certification(s): BCLS,	
		LSCN	
Nurse 10	Medical / Surgical	Specialisation: Medical /	As above. Provide expertise and tend to
	/ Orthopaedics	Surgical / Orthopaedics	patients requiring special or continual
	(Senior Staff	Grade: Senior Staff Nurse	wound care.
	Nurse)	Certification(s): BCLS	
		Experience: Minimum of 3	
		years of experience in	
		specialized wound care	
		management	
Allied	Rehabilitation	Specialisation:	Assessment and treatment of patients
Health	Therapist	Physiotherapy	including but not limited to - fractures,
Therapist		Grade: Physiotherapist	spinal cord injuries, amputation,
		Certification(s): BCLS,	peripheral nerve injury, burns, traumatic
		CPR/AED	brain injury. Appropriate referral of
		Optional certification(s):	patients for follow-up rehabilitation at
		Sports First Aid (with	appropriate local provider or Type 2 or 3
		concussion training)	EMT facilities. Assist with discharge
		Experience: Completed all	planning, provide appropriate walking
		rotations	aids and assistive device to aid with
			discharge. Accurate documentation of
			patient records. Support Clinical Ops as
			needed.
Allied	Clinical	Specialisation: Clinical	Providing psychological support to the
Health	Psychologist	Psychology	SGEMT. Performing Psychological First
Psychologist		Grade: Senior Psychologist	Aid and brief interventions for SGEMT
		Certification(s): BCLS,	and patients in distress when needed.
		PFA	Coordinating care of patients requiring

SETTING UP THE WORLD HEALTH ORGANIZATION (WHO) -SINGAPORE EMERGENCY MEDICAL TEAM (SGEMT) FOR A TYPE 1 FIXED FACILITY DEPLOYMENT

Role	Specialization	Qualifications	Role Description
		Experience: Familiar and	continued psychological support to other
		proficient with the	local mental health resources / network.
		provision of trauma care	
		and stabilization-focused	
		interventions and	
		preferably has experience	
		providing psychosocial	
		support post-disaster/large	
		scale crisis	
Clinical	Crisis Planning and	Specialisation: Crisis	Daily operations management to oversee
Operations	Operations /	Planning and Operations /	communications and flow of information
	Emergency	Emergency Planning	within clinical team and between clinical
	Planning	Grade: Assistant Manager	team and admin team and LOGS-WASH
	(Assistant Manager	and above, or involved in	lead respectively. Daily operations
	and above, or	WHO-SGEMT	management to oversee clinical structure
	involved in WHO-	accreditation process	and space usage and supplies and
	SGEMT	Certification(s): BCLS	equipment management. Assist in
	accreditation	Experience: Coordinating	registration of patients. Coordination of
	process)	major events, exercises	patient transfers and conveyances to
		and a broad range of	other healthcare facilities. Coordination
		hospital-level operational	and disposal of waste materials (waste
		activities, and hands-on	management). Coordination of lodging
		experience in managing	and transportation for medical team (to
		emergency response	link up with vendor). Manage clinical
		operations	operations in terms of communications
			and cleanliness within the clinical area of
			SGEMT.

Source: Quah et al., 2025

#### The Two Core Technical Standards

In accordance with the WHO EMT guidelines for classification and minimum standards for emergency medical teams, there are two core technical standards – the clinical care technical standards (CCTS) and the operations support technical standards (1). The CCTS aims to standardize and provide a consistent level of care across different countries and organizations. It consists of 27 clinical standards, which vary between EMT typologies. The operations support technical standards concern two main areas – WASH and logistics. The WASH standards govern the infection prevention and control methods of the EMT, in seven different

areas, such as healthcare waste management, environmental cleaning and sanitation. The logistics standards govern the operational functionality and self-sufficiency of EMTs, in 13 different areas, such as mobilization, food, communications.

#### **Developing the SGEMT CCTS**

A multi-disciplinary clinical working committee from Singhealth was set up to develop the SGEMT CCTS. This involved doctors, nurses, allied health professionals, such as pharmacists, physiotherapists, clinical psychologists, and clinical operations specialists. Out of 27 clinical standards listed in the WHO EMT guidelines, 24 are applicable to a type 1 fixed facility. The working group used these 24 clinical standards to craft 24 chapters in the CCTS. Each chapter had a relevant content expert creator, such as a paediatrician for the chapter on child health and an emergency physician for the chapter on assessment, resuscitation, and stabilization. Local and international clinical guidelines and standards were used as references. These include Advanced Trauma Life Support manual developed by the American College of Surgeons, resuscitation algorithms from the Singapore National Resuscitation Council, Singapore's national emergency department triage system known as the Patient Acuity Category (PAC) Scale and reference textbooks (20–28).

Table 3 gives further information on these 24 chapters and a description of what was included in the SGEMT CCTS manual. The clinical working committee started work on the SGEMT CCTS in April 2023 and completed the first draft in July 2023. Further revisions and iterations were made following several close and detailed discussions with our SGEMT mentors from WHO. The development of the SGEMT CCTS manual also helped SGEMT members to better understand their roles and responsibilities during deployment and to engage in a mental exercise of resources required to care for community as a Type 1 Fixed EMT. In addition, several SGEMT members attended regional disaster response exercises and courses in 2023, to gain a clearer understanding of the WHO EMT concept of operations. These include the ASEAN Regional Drill Exercise in Indonesia, the Regional Collaboration Drill in Malaysia and the Asia Pacific Earthquake Emergency Response Exercise in Brisbane (11, 29–30)

## SETTING UP THE WORLD HEALTH ORGANIZATION (WHO) -SINGAPORE EMERGENCY MEDICAL TEAM (SGEMT) FOR A TYPE 1 FIXED FACILITY DEPLOYMENT.

Table 3. SGEMT Clinical Care Technical Standards Manual.

	SGEMT CCTS Chapters	Description
1	Initial Assessment & Triage	Screening will be performed to pick up potential infectious
		disease cases. Singapore Emergency Department triage
		protocol will be utilized (25-26). Triage Sieve will be used for
		mass casualty incident scenarios.
2	Assessment, Resuscitation &	Resuscitation algorithms will be according to the Singapore
	Stabilization	National Resuscitation Guidelines (21-23). ATLS will be used
		for trauma patients (24).
3	Referral & Transfer	SGEMT will have established protocols to liaise with EMTCC,
		to facilitate safe transfer of patient and complete handover of
		clinical details.
4	Observational Care	SGEMT will provide for prolonged observation if required,
		during operational hours of SGEMT. Regular reviews will be
		conducted.
5	Sedation and Analgesia	SGEMT has trained, certified and experienced physicians
		licensed to administer analgesics, sedatives, and local or
		regional anaesthesia for various conditions or procedures.
6	Minor procedures with local or regional	SGEMT will be able to provide joint and fracture reductions,
	anaesthesia	incision and drainage of abscesses, toilet and suture of
		lacerations and wound debridement. Other procedures include
		setting of intravenous lines and nebulization of medications.
7	Laboratory Services	SGEMT will be trained to operate the point-of-care tests
		available. These include I-stat analyzer for blood gas,
		electrolytes and haemoglobin sampling, glucometer, urine
		HCG, 12-lead electrocardiogram, rapid diagnostic kit for
		malaria, ART kits for COVID-19 and portable ultrasound.
8	Clinical Pharmacy and Consumables	Pre-deployment, SGEMT works closely with pharmacists to
		curate the quantity and type of drugs required to perform its
		function, provide oversight on the layout and set-up of the
		pharmacy within SGEMT base of operations, implement a
		system to monitor stock. Only physicians with prescribing
		rights in Singapore are allowed to prescribe within SGEMT.
9	Sterilization	SGEMT will mostly be utilizing disposable sets. For non-
		disposables, there will be a basic steam autoclave machine with
		protocols in place to ensure sterility or the use of 3-wipe
		chemical sterilization.

	SGEMT CCTS Chapters	Description
11	Infection, Prevention and Control  Health Promotion & Community	SGEMT will appoint a responsible IPC member within the team who oversees the team's adherence to protocols. The protocols are there to prevent transmission of pathogens, communicable diseases and any multi-resistant organisms that have higher incidence of occurrence within a healthcare setting. These include proper environment hygiene practices and transmission-based precautions for staff.  SGEMT will integrate information, education, and communication materials into daily operations. Communication will be based on host country's or WHO's available publications online. It will centre around injury prevention, basic wound management, food safety, water
		safety, personal hygiene, communicable diseases and managing acute psychological stress.
12	Chemical, biological, radiological and nuclear (CBRN), Toxicology and Toxinology	SGEMT will have the capacity to recognize victims of CBRN exposure and to protect themselves with basic personal protective equipment when there is any suspicion for potential contamination of staff.
13	Wound Care	SGEMT will have an established system for wound assessment, management, and treatment. There is suggested recommendations for wounds requiring transfer. There will be
14	Burns	a designated wound care nurse.  SGEMT will only manage up to superficial burns of ≤ 5%  TBSA. Patients with more severe burns will be stabilized for transfer, complete with adequate pain relief and burns dressing.
15	Fracture & Limb Injuries	SGEMT will not have an x-ray machine. The diagnosis of a fracture will be made clinically, if possible. Plaster casts are available for limb immobilization. Appropriate follow-up and transfers will be made for patients required imaging and advanced care.
16	Spinal Cord Injuries	SGEMT will ensure appropriate examination to assess concomitant trauma, diagnose possible spinal cord injuries, immobilize, and transfer with care, to avoid further damage.
17	Communicable Disease Care	SGEMT has isolation areas, with separate sanitation facilities, donning and doffing areas for staff and established infectious wastewater treatment. Emphasized informing EMTCC early.
18	Non-Communicable Disease Care	SGEMT will treat patients with non-communicable diseases, temporarily re-establish their medication supply and ensure referral back to their community services.

SETTING UP THE WORLD HEALTH ORGANIZATION (WHO) -SINGAPORE EMERGENCY MEDICAL TEAM (SGEMT) FOR A TYPE 1 FIXED FACILITY DEPLOYMENT

	SGEMT CCTS Chapters	Description
19	Reproductive, Maternal & Newborn	SGEMT will provide emergency care for any uncomplicated
		normal delivery, if delivery is imminent. There will be a
		dedicated obstetric area. Complicated maternal cases will be
		transferred. There are guidelines for cases of gender-based
		violence.
20	Child Health	SGEMT will provide basic emergency and trauma
		stabilization, essential newborn care, outpatient paediatric
		care, screening and isolation of communication diseases and
		basic management of non-communicable diseases.
21	Malnutrition	SGEMT will conduct screening for malnutrition for children
		aged 6 to 59 months, using the mid-upper arm circumference
		(MUAC) measurement. SGEMT will provide initial treatment
		with therapeutic food and ensure follow-up with relevant
		organizations.
22	Palliative Care	SGEMT recognizes and will respect local cultures and values
		in making shared medical decisions. Palliation will be
		provided for suitable patients, aiming to provide symptom
		relief and dignity at end-of-life.
23	Physiotherapy & Rehabilitation	SGEMT will teach usage of ambulatory aids, such as crutches
		and basic physiotherapy exercises. If prolonged rehabilitative
		care is required, appropriate referral will be made before
		SGEMT exits.
24	Mental Health & Psychosocial	All SGEMT staff will undergo basic psychological first aid
		training pre-deployment. There will also be a dedicated clinical
		psychologist, who will attend to patients with chronic mental
		health issues. Continuation of care referrals will be made
		before SGEMT exits. There will be no dispensing of
		psychotropic medications.

Source: Quah et al., 2025

#### Outsourcing of the WASH & Logistics Standards

The operations support technical standards consist of WASH and logistics. WASH and logistics require a logistical company and a specialized crew who can provide and maintain facility structure, water sources, power supply, cleanliness, safety, warehousing, and transport of materials. The planning parameters were taken to be a total of 100 patients a day, for a minimum of 14-day deployment period. Out of 100 patients a day, 60 percent were estimated to be adults and 40 percent to be children under the age of 16 years old. In terms of disease

acuity, we estimate 20 percent attendance to be priority 1 (severely ill) cases, 30 percent attendance to be priority 2 (moderately ill) cases and the remaining 50 percent to be priority 3 (mildly ill) cases. Contingencies were also planned for, should the EMT see more than 100 patients a day or are requested to stay beyond 14 days, with an additional 50 percent logistical load.

The tendering process was chosen to right-site resources. For SGEMT, MOH is meant to function at a strategic level while the public healthcare cluster functions at an operations level. It would be unwise to task one public healthcare cluster to perform warehousing and crew supply as all three clusters will take turns to be on standby and to be deployed. It would also be a waste of resources for all three clusters to prepare their own warehouses, materials, and crew. Collaborating with other ministries, such as MINDEF and MHA, was also explored. Ultimately, outsourcing via the tendering process was the most efficient, in terms of economics and personnel management. This approach ensures that the operational and logistical needs of SGEMT are met with the highest level of expertise.

A detailed list of requirements, including personnel, logistics, transportation, warehouse maintenance, was drawn up and MOH called for and subsequently awarded the tender to a vendor on the open market. Several vendors with relevant experiences responded to the tender. The logistics belong to MOH, but the vendor is reimbursed for their services to source, purchase, store and maintain the validity of these logistics as well as to provide round-the-clock roster of deployable personnel. Additional fees are incurred by MOH during deployment, to cover costs relating to freight, personnel flights, insurance, and overseas allowances. The SGEMT Logistics Technical Standards manual mirrors the 13 chapters listed in the WHO EMT guidelines, and the SGEMT WASH Technical Standards manual covers the listed seven chapters.

#### **Guidance from WHO and Regional Partners**

The WHO EMT verification process comes with allocation of mentors from WHO, as well as members of recently accredited EMT teams (14). The WHO mentorship programme is invaluable, as they share their experiences from previous deployments and give advice on matters arising. SGEMT had three mentors, each with different focus areas. The first was a WHO personnel who assisted with administrative queries, the second was a doctor from a recently accredited EMT who assisted with clinical core standards while the third was a fire and emergency officer who assisted with operations support. Their broad base of knowledge covered all aspects of developing an EMT.

#### **DISCUSSION**

There are several valuable lessons to be learnt during the SGEMT accreditation process. Firstly, developing an EMT is an ambitious and laborious project. At the heart of the matter is the ideal of human compassion across and despite borders in times of extreme needs. To achieve that ideal, a strong organizational or political will is the first requirement. This was first displayed by WHO in establishing the EMT initiative in 2013. Subsequently, ASEAN member states supported this initiative collectively. In Singapore, her government answered the call and appointed MOH to lead this project with the support of an existing whole-of-government mechanism.

It was also vital for MOH to form the development team with appropriate stakeholders. The strategic move taken was to engage one public healthcare cluster for the initial development instead of all three at the same time, while keeping the other two apprised of the process. This allowed maximal efficiency, in terms of mutual understanding, communications and secretariat support. However, the challenge in the future is the handover process from one cluster to another. MOH needs to place safeguards to ensure that knowledge and skill transference is complete. This may include having to set up a quality assurance committee made up of members from all three clusters, overseeing pre-deployment training, content updates and post-deployment debriefs and follow-up actions. The same quality assurance committee may then be tasked to participate in future re-accreditation process.

Division of labour was an important aspect of SGEMT development. From the start, different working groups were set up to meet the needs. For example, clinicians were tasked to develop the CCTS manual, while the WASH manual was developed by personnel within MOH and other members of relevant ministries, such as MINDEF. This allowed the people with the best expertise to focus on the different needs of SGEMT. The challenge with such an approach is when domains overlap between working groups, for example, the management of medical waste are both important chapters in CCTS and WASH manuals. The solution was having an MOH personnel in attendance at each working group meeting. If one working group had a query which crosses over to another domain, it can be quickly resolved by the MOH personnel.

This approach also allowed them, as project manager, to have an oversight of all parallel developments. Even within each working group, there is further division of labour, where a member may be allocated to several chapters, as content expert or be advised to seek expertise within the cluster for content verification. The working group head is again kept apprised of all parallel developments and steps in to resolve technical difficulties.

It is uncommon for EMTs to outsource their WASH and logistics personnel and processes, via a commercial tendering process. Most will buy or rent their own warehouses and hire personnel to maintain the validity of the logistics. The SGEMT approach is a step away from convention. This approach may help to reduce the daunting aspect of operations support for organizations and countries who may wish to consider EMT accreditation in the future. The challenge associated with this approach may be in the overall cost and the quality of logisticians provided for deployment.

In a bid to drive costs down, the tendering process was made public to invite competition between suppliers. Several suppliers responded to the tender. As part of the tender agreement and to ensure quality of the personnel, logistical personnel provided need to fulfil certain requirements relating to experience, age, general fitness, and had to complete the predeployment course prior.

Lastly, the WHO mentorship program was invaluable to the development process of SGEMT. They participated in regular meetings, whether virtually or in person. They were also reachable via electronic mail for consultation. Their experience allowed more realistic planning. For example, while Type 1 Fixed facilities are expected to treat 100 patients a day, their experience seems to suggest that it is usually more than 100, rather than less. This resulted in the decision to plan for an additional 50 percent logistics. They were also open to hearing new ideas and providing advice on whether these may or may not work.

To date, there is only one journal publication documenting the set-up of a WHO EMT, by Thailand (14). There were similar themes, such as a requirement for strong organizational will with realistic funding and manpower support, a whole-of-government engagement, the need for a strong project management approach, creation of a working group with designated functional team leaders, the conduct of training using workshops and simulation and invaluable support from the WHO mentors. The main difference was in WASH and logistics where Singapore chose to outsource via a commercial tendering process instead.

A limitation of this study includes its generalizability, as a single country's experience may not be applicable to other organizations or countries. More publications can be encouraged in this area, to compare the experiences from different WHO EMTs and share best practices. This will provide more information for those who may be considering this endeavour.

#### **CONCLUSION**

SGEMT was successfully accredited in September 2024. The SGEMT process was sequenced into making it a whole-of-government effort, selecting the most suitable EMT

typology, choosing relevant stakeholders, creating the EMT organizational structure, division of labour through creation of different working groups for different core technical standards and choosing the tendering process for WASH and logistics. This requires strong political and organizational will, effective project management at various levels of labour division and invaluable input from WHO mentors allocated to SGEMT. More academic papers should be written on the set-up of the WHO EMT, comparing experiences to obtain best practices and encouraging more teams to get accredited. This will greatly boost the international disaster response capabilities.

#### **ACKNOWLEDGMENTS**

We would like to thank Mr Raihan Rafiek, Mr Eugene Yip, Ms Alexa Zeng JY, Mr Prem Singh Randhawa, Mr Dom Choong & Mr Wong De Tian from Ministry of Health, Singapore, who have closely partnered with us during this time. We would also like to thank our WHO mentors, who have actively engaged with us and given us many valuable insights and inputs in the setting up of our SGEMT. They are Mr Sean Casey, WHO EMT Focal Point for Western Pacific Region, Dr. Masniza Mustaffa, Mercy Malaysia's Health Coordinator and Mr Paul Callaghan, New Zealand Fire and Emergency officer. We would also like to acknowledge all contributing members of the SGEMT planning committee: Dr Jimmy Goh, Dr Pravin Thiruchelvam, Dr Kang Hui Min, Dr Jacqueline Tan, Dr Supranee Mathiprechakul, Ms Tan Hwee Min, Mr Chan Weixin, Ms Huang Weili, Ms Elaine Leong, Mr Ahmad Khairil, Dr Evelyn Boon, Ms Lim Xin Yi, Dr Lou Huei Xin, Ms Koh Pei Yin, Ms Koh Shi Man Samantha, Dr Pauline Leong, Mr Luo Zhiyang, Ms Lindsey Jean Ross Weller, Ms Loke Chui Yee, Mr Dexter Chia, Mr Joseph Lim Seng Hock, Ms Ng Min Hui, Dr Gan Wee Hoe, Dr Edwin Low, Dr Lim Ghee Hian and Dr David Teng Kuan Peng.

#### **AUTHORS' CONTRIBUTION**

Kee Chong Ng conceptualised and wrote the initial manuscript. Joy Quah took the lead in completing the manuscript. All the remaining authors contributed to the critical edits of the final manuscript. All the authors were involved in the development of SGEMT.

#### **CONFLICTS OF INTEREST**

The authors declare no conflict of interest.

#### **FUNDING**

There was no funding received for this academic paper.

#### **REFERENCES**

- 1. World Health Organization Team Emergency Preparedness (WPE). Classification and Minimum Standards for Emergency Medical Teams. Geneva: World Health Organization; 2021.
- 2. Pan American Health Organization. Guidelines for the Use of Foreign Field Hospitals in the Aftermath of Sudden-Impact Disaster. Prehosp Disaster Med. 2003 Dec 28;18(4):278–90.
- 3. World Health Organization. World Health Organization. 2024 [cited 2024 Dec 16]. EMT Global Classified Teams. Available from: <a href="https://www.who.int/emergencies/partners/emergency-medical-teams/emt-global-classified-teams">https://www.who.int/emergencies/partners/emergency-medical-teams/emt-global-classified-teams</a>
- 4. Wolff E, Shankiti I, Salio F, von Schreeb J. The Response by International Emergency Medical Teams Following the Beirut Harbor Explosion in 2020 Who Were They, When Did They Arrive, What Did They Do, and Were They Needed? Prehosp Disaster Med. 2022 Aug 20;37(4):529–34.
- 5. Takada Y, Otomo Y, Karki KB. Evaluation of Emergency Medical Team Coordination Following the 2015 Nepal Earthquake. Disaster Med Public Health Prep. 2021 Jun 16;15(3):308–15.
- 6. Amat Camacho N, Karki K, Subedi S, von Schreeb J. International Emergency Medical Teams in the Aftermath of the 2015 Nepal Earthquake. Prehosp Disaster Med. 2019 Jun 6;34(03):260–4.
- 7. Yitzhak A, Merin O, Halevy J, Tarif B. Emergency with Resiliency Equals Efficiency Challenges of an EMT-3 in Nepal. Prehosp Disaster Med. 2018 Dec 15;33(6):673–7.
- 8. Yumiya Y, Chimed-Ochir O, Kayano R, Hitomi Y, Akahoshi K, Kondo H, et al. Emergency Medical Team Response during the Hokkaido Eastern Iburi Earthquake 2018: J-SPEED Data Analysis. Prehosp Disaster Med. 2023 Jun 19;38(3):332–7.
- 9. Ikeda S, Silapunt P. Introduction to the Project for Strengthening the ASEAN Regional Capacity on Disaster Health Management (ARCH Project). Prehosp Disaster Med. 2022 Feb 7;37(S1):s1–10.
- 10. Silapunt P, Fernando F, Catampongan J, Limpaporn S, Yuddhasaraprasiddhi K, Promkhum D, et al. How the ARCH Project has Contributed to the Development of the ASEAN Regional Collaboration Mechanism on Disaster Health Management. Prehosp Disaster Med. 2022 Feb 7;37(S1):s16–29.
- 11. Wuthisuthimethawee P, Satthaphong S, Phongphuttha W, Sarathep P, Piyasuwankul T, Công SN, et al. How the ARCH Project Could Contribute to Strengthening ASEAN Regional Capacities on Disaster Health Management (DHM). Prehosp Disaster Med. 2022 Feb 7;37(S1):s30–43.
- 12. Yanasan A, Pongpamon N, Pattanarattanamole R, Rojsaengroeng R, Natsukawa T, Katsube T, et al. ARCH Project and the Global Initiatives of Disaster Health Management. Prehosp Disaster Med. 2022 Feb 7;37(S1):s11–5.
- 13. von Harbou K, Sawanpanyalert N, Trewin A, Brown R, Prawira J, Bhola A, et al. Strengthening emergency preparedness through the WHO emergency medical team mentorship and verification process: experience from Thailand. WHO South East Asia J Public Health. 2020;9(1):32–6.
- 14. Government of Singapore. Government of Singapore. 2024 [cited 2024 Dec 16]. Department of Statistics Singapore: Society; Environment. Available from: https://www.singstat.gov.sg/publications/reference/ebook/society/environment
- 15. Government of Singapore. Government of Singapore. 2024 [cited 2024 Jun 22]. Department of Statistics Singapore: Population; Population. Available from: <a href="https://www.singstat.gov.sg/publications/reference/ebook/population/population">https://www.singstat.gov.sg/publications/reference/ebook/population/population</a>
- 16. Tan CC, Lam CSP, Matchar DB, Zee YK, Wong JEL. Singapore's health-care system: key features, challenges, and shifts. The Lancet. 2021 Sep;398(10305):1091–104.
- 17. Quah LJJ, Pek JH, Cheng L, Lee CY, Teng DKP, Yeo MYW, et al. Disaster medicine in Singapore: past, present, future. Singapore Med J. 2024 Mar 13;
- 18. Lee VJ, Low E, Ng YY, Teo C. Disaster relief and initial response to the earthquake and tsunami in Meulaboh, Indonesia. Ann Acad Med Singap. 2005 Oct;34(9):586–90.
- 19. Ho M, Lim J, Tan M, Kok W, Zhang J, Tan M, et al. Humanitarian Assistance and Disaster Relief mission by a tripartite medical team led by the Singapore Armed Forces after the 2015 Nepal earthquake. Singapore Med J. 2016 Aug;57(8):426–31.
- 20. Yeo C, Biswas A, Ee T, Chinnadurai A, Baral V, Chang A, et al. Singapore Neonatal Resuscitation Guidelines 2016. Singapore Med J. 2017 Jul;58(7):391–403.
- 21. Ong G, Chan I, Ng A, Chew S, Mok Y, Chan Y, et al. Singapore Paediatric Resuscitation Guidelines 2016. Singapore Med J. 2017 Jul;58(7):373–90.

## SETTING UP THE WORLD HEALTH ORGANIZATION (WHO) -SINGAPORE EMERGENCY MEDICAL TEAM (SGEMT) FOR A TYPE 1 FIXED FACILITY DEPLOYMENT

- 22. Ching C, Leong S, Chua S, Lim S, Heng K, Pothiawala S, et al. Advanced Cardiac Life Support: 2016 Singapore Guidelines. Singapore Med J. 2017 Jul;58(7):360–72.
- 23. ATLS Subcommittee. Advanced trauma life support (ATLS®). Journal of Trauma and Acute Care Surgery. 2013 May;74(5):1363–6.
- 24. Ganapathy S, Yeo J, Thia X, Hei G, Tham L. The Singapore Paediatric Triage Scale Validation Study. Singapore Med J. 2018 Apr;59(4):205–9.
- 25. Fong RY, Glen WSS, Mohamed Jamil AK, Tam WWS, Kowitlawakul Y. Comparison of the Emergency Severity Index versus the Patient Acuity Category Scale in an emergency setting. Int Emerg Nurs. 2018 Nov:41:13–8.
- 26. Ooi S, Low M, Manning P. Guide to the Essentials in Emergency Medicine. 3rd ed. New York (USA): McGraw-Hill Education, USA; 2022.
- 27. Chong KW, Tan YH. The Baby Bear Book. 4th ed. Chong KW, Tan YH, editors. Singapore: World Scientific Publishing Co Pte Ltd (US); 2023.
- 28. Tan HH, Leong M, Ponampalam R, Lee CY, Goh J. Hazmat Medical Life Support. 1st ed. Singapore: World Scientific Publishing; 2014.
- 29. Putra S, Fauzy A. Asean Regional Disaster Response Simulation Exercise (ARDEX) 2023 (Case Study: Bantul Earthquake, DIY). In: Proceedings of the International Conference on Multidisciplinary Studies (ICoMSi 2023). Dordrecht, The Netherlands: Atlantis Press; 2024. p. 123–32.
- 30. United Nations Office for the Coordination of Humanitarian Affairs. OCHA, Geneva. 2024 [cited 2024 Dec 16]. Asia Pacific Training: Asia Pacific Earthquake Response Exercise 2023. Available from: https://www.insarag.org/regional-groups/asia-pacific/training/