

Increasing quantitative estrogen receptor beta expression in meningioma after exogenous hormonal contraception exposure

Dhimas Hari Sakti^{1,3,5*}, Muhammad Bayu Sasongko^{1,3,5}, Suhardjo Pawiroranu^{1,3,5}, Didik Setyo Heriyanto^{2,4}, Indra Tri Mahayana^{1,3}, Datu Respatika^{1,3}, Idhayu Anggit Widhasari¹, Prima Sugesty Nurlaila^{1,3}, Agus Supartoto^{1,3,5}

¹Department of Ophthalmology, Faculty of Medicine, Public Health and Nursing; Universitas Gadjah Mada, Yogyakarta, Indonesia, ²Department of Pathology, Faculty of Medicine, Public Health and Nursing; Universitas Gadjah Mada, Yogyakarta, Indonesia, ³Department of Ophthalmology, Dr. Sardjito General Hospital, Yogyakarta, Indonesia, ⁴Department of Pathology, Dr. Sardjito General Hospital, Yogyakarta, Indonesia, ⁵Dr. Yap Eye Hospital, Yogyakarta, Indonesia

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ABSTRACT

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Factors influencing estrogen receptor (ER) and progesterone receptor (PR) expression in meningioma are unclear. This study aimed to assess the expression of ER and PR in females with meningioma in relation to patient exogenous hormonal exposure. Cross-sectional study of females with meningioma in Yogyakarta, Indonesia, between 2010 to 2016 was conducted. Histories were obtained through interviews. Expressions of ER α , ER β , and PR were assessed from paraffin blocks containing patients' meningioma tissue using real-time quantitative polymerase chain reaction (RT-qPCR). The study identified 28 female meningioma patients with a mean age of 45.6 ± 6.8 yr. Increased ER β expression was found in the ≥ 10 -yr group of hormonal contraception exposure duration (<10 yr vs ≥ 10 yr = 7.63 (2.3-11.31) vs 12.56 (1.87-42.22), $p=0.038$). Positive correlation was found between ER β expression and the duration of hormonal contraception exposure ($r=0.432$; $p=0.022$), especially progesterone-only contraception ($r=0.5$; $p=0.048$), while no significant correlation was found between ER β expression and duration of progesterone-estrogen contraception exposure ($r=0.382$; $p=0.22$). No significant analyses were found in ER α and PR. In conclusion, expression of ER β in meningioma increased in accordance with exogenous hormonal exposure duration, especially progesterone. This finding suggests the importance of ER β in meningioma and warrants further study as a potential biomarker.

ABSTRAK

Faktor-faktor yang memengaruhi ekspresi reseptor estrogen (ER) dan reseptor progesteron (PR) pada meningioma belum sepenuhnya jelas. Penelitian ini bertujuan untuk menilai ekspresi ER dan PR pada perempuan dengan meningioma yang dikaitkan dengan paparan hormon eksogen. Penelitian potong lintang ini dilakukan pada perempuan dengan meningioma di Yogyakarta, Indonesia, selama periode 2010–2016. Riwayat pasien diperoleh melalui wawancara. Ekspresi ER α , ER β , dan PR dinilai dari blok parafin jaringan meningioma pasien menggunakan metode *real-time quantitative polymerase chain reaction* (RT-qPCR). Penelitian ini mengidentifikasi 28 pasien perempuan dengan meningioma dengan rata-rata usia $45,6 \pm 6,8$ tahun. Peningkatan ekspresi ER β ditemukan pada kelompok dengan durasi paparan kontrasepsi hormonal ≥ 10 tahun dibandingkan dengan <10 tahun [7,63 (2,3–11,31) vs 12,56 (1,87–42,22), $p=0,038$]. Terdapat korelasi positif antara ekspresi ER β dan durasi paparan kontrasepsi hormonal ($r=0,432$; $p=0,022$), khususnya kontrasepsi yang hanya mengandung progesteron ($r=0,5$; $p=0,048$), sedangkan tidak ditemukan korelasi yang signifikan antara ekspresi ER β dan durasi paparan kontrasepsi kombinasi progesteron–estrogen ($r=0,382$; $p=0,22$). Tidak ditemukan hasil yang signifikan pada ER α dan PR. Simpulan, ekspresi ER β pada meningioma meningkat seiring dengan lamanya paparan hormon eksogen, terutama progesteron. Temuan ini menunjukkan pentingnya peran ER β pada meningioma dan mendukung perlunya penelitian lanjutan untuk mengeksplorasi potensinya sebagai biomarker.

Keywords:

meningioma;
estrogen receptor alpha;
estrogen receptor beta;
progesterone receptor;
polymerase chain
reaction;
hormonal contraception

*corresponding author: dhimas.hari.s@ugm.ac.id

INTRODUCTION

Meningioma is the most frequent intracranial tumor, which contributes to approximately 30% of all primary brain tumors diagnosed in American adult populations.¹ The overall incidence of meningioma was 4.52 per 100,000, which remarkably shows a significant gender difference (higher in females).² Hormonal influences might have a crucial part in the pathophysiology. However, the underlying mechanisms remain debatable.

Hormone replacement therapy (HRT) and hormonal contraception containing estrogen, progesterone, or a combination might elevate meningioma risk.³⁻⁵ On the contrary, another study in HRT and oral contraception (OC) found otherwise, although suggesting that hormone exposure may influence tumor biology in patients with meningioma.⁶ Progesterone has been shown to increase the sensitivity of meningeal cells to mitogenic stimulus in culture medium.⁷ Furthermore, several reports have shown that the use of progesterone agonists can lead to the development of meningioma, but subsequently shrank following the hormone discontinuation.^{8,9} Estrogen also showed its relation to meningioma. There was a reported case of a male-to-female transsexual who developed meningioma after estradiol therapy.¹⁰ These previous studies suggested that estrogen and progesterone, as mostly associated with exogenous hormonal exposure, might have roles in meningioma tumorigenesis.

In non-meningeal tissue, estrogen exposure is known to increase progesterone receptors (PR) and estrogen receptors (ER)¹¹ while progesterone exposure decreases them.^{12,13} In meningioma, PR is expressed in almost 75% of patients, while ER is only expressed by 11.3%.^{14,15} However, studies using the polymerase chain reaction (PCR) test resulted in a higher

percentage of ER expression (44% for ER β and 68% for ER α).^{16,17} Estrogen receptor expression in meningioma is important to study as it is correlated with a worse prognosis.¹⁴ Factors influencing the expression of ER and PR remain unclear. However, it is conceivable that the prolonged use of exogenous estrogen and progesterone might affect their expression. ER and PR expression are measured as they might reflect estrogen and progesterone exposure in the tissue.¹⁸ Accordingly, this study aimed to assess the relationships between exogenous estrogen-progesterone exposure and the expression of ER and PR in patients with meningioma.

MATERIAL AND METHODS

Design and subjects

Inclusion criteria of this cross-sectional study were all female patients of reproductive age who underwent tumor removal surgery for meningioma by an ocular oncologist or neurosurgeon between 2010-2016 in Yogyakarta, Indonesia, and had a history of exogenous hormonal exposure from contraception. The diagnosis was established by clinical examination and confirmed by histopathological examination. This study upheld the tenets of the Declaration of Helsinki and was approved by the Ethical Review Board of the Faculty of Medicine, Public Health and Nursing, Universitas Gadjah Mada, Yogyakarta. Informed consent was obtained from all study participants via telephone or in person. Patients will be excluded if they cannot estimate the duration of hormonal contraceptive use.

Clinical examination and assessment of exposure to exogenous estrogen and progesterone

All of the participants were interviewed face-to-face or by telephone

as described in our previous study.^{19,20} Patients' reproductive characteristics (e.g., age of menarche, number of parities), history of breast cancer, choice of contraception type, and duration of contraception use (independent variable) were acquired using a standardized questionnaire. Participants were guided using their major life events to memorize the type and duration of contraceptive use, therefore minimizing the recall bias. Examples of the questions were "How many weeks/months after your last child was born did you start using a hormonal contraceptive? Did you take it monthly or 3-monthly?". The patients' data were then divided into either the progesterone or the progesterone-estrogen group. Early menarche was defined as ≤ 11 yr, normal as 12-13 yr, and late as ≥ 14 yr.^{21,22} The menstrual cycle was defined according to a previous study.¹⁹ Duration of hormonal exposure was divided into < 10 yr and ≥ 10 yr, as a previous study found an increased risk of meningioma in that cutoff time.²³

Assessment of meningioma histological type and grade

Pathological examination was conducted on meningioma tissue, then classified and graded according to the World Health Organization (WHO) (independent variable).²⁴

Assessment of the levels of ER and PR

Levels of ER and PR were assessed from paraffin blocks of meningioma. Paraffin blocks were sliced 5 μ m using a microtome into as many as 7 slices, then the sliced tissues were transferred to a 1.5 ml microcentrifuge tube and followed standardized protocol for real-time quantitative polymerase chain

reaction (RT-qPCR). We used Geneaid (Taiwan) reagents for the purpose of RT-qPCR examination, and the results were read using the DTLite Real-Time PCR System (DNA-Technology, Russia). The target sequences for ER- α -forward were: 5'-AGA CAT GAG AGC TGC CAA CC-3' and ER- α -reverse were 5'-GCC AGG CAC ATT CTA GAA GG-3', target sequences for ER- β -forward were 5'-TCA CAT CTG TAT GCG GAA CC-3' and for ER- β -reverse were 5'-CGT AAC ACT TCC GAA GTC GG-3', target sequences for PR-forward were 5'-AGC TCA TCA AGG CAA TTG GTT T-3' and PR-reverse: 5'-ACA AGA TCA TGC AAG TTA TCA AGA AGT T-3'. The expressions of ER and PR (dependent variable) were recorded as the number of expressions compared to non-tumor tissue.

Statistical analyses

Levels of ER α , ER β , and PR in different characteristic groups were analyzed using Independent-Samples Median tests. Spearman correlation was used to test the correlation between duration of contraceptive use and ER α , ER β , and PR expressions.

RESULTS

Demography and meningioma types

Our study found 28 female meningioma patients with a mean age of 45.6 ± 6.8 yr. Histological types of the meningioma were divided into microcystic (3/10.7%), meningothelial (10/35.7%), transitional (9/32.1%), fibrous (1/3.6%), angiomatous (1/3.6%), psammomatous (1/3.6%), and atypical (3/10.7%). With this classification, the data consisted of 25 (89%) grade I meningioma and 3 (11%) grade II meningioma (TABLE 1).

TABLE 1. Median of hormone receptor expression among different clinical characteristics

Characteristics	Numbers (%)	ER α [#] (range)	ER β [~] (range)	PR [^] (range)
Age of menarche				
≤11 yo	1 (4)	7.46	3.25	17.15
12-13 yo	14 (50)	5.66 (2.14-13.93)	12.15 (3.48-42.22)	25.42 (2.64-97.01)
≤14 yo	13 (46)	6.96 (2.64-22.63)	10.56 (1.87-18.38)	29.86 (6.06-97.01)
	p	0.242	0.398	0.131
Menstrual cycle				
28 days	24 (86)	6.73 (2.14-22.63)	10.56 (1.87-42.22)	22.68 (2.64-97.01)
>28 days	3 (11)	6.96 (4.59-13.93)	13 (7.46-18.38)	45.25 (6.5-97.01)
Irregular	1 (4)	3.48	2.46	24.25
	p	0.513	0.506	0.472
Parity				
0	1 (4)	5.66	6.06	7.46
1	8 (29)	6.73 (2.14-22.63)	15.69 (4.29-42.22)	39.18 (6.5-97.01)
2	13 (46)	6.96 (2.64-13.93)	10.56 (1.87-42.22)	29.86 (2.64-84.45)
3	4 (14)	6.98 (4.29-12.13)	8.08 (3.25-16)	17.76 (16-27.86)
4	2 (7)	6.83 (5.66-8)	11.4 (5.66-17.15)	17.52 (13.93-21.11)
	p	0.898	0.334	0.268
Breast tumor history				
Positive	2 (7)	4.97 (4.29-5.66)	17.59 (9.19-25.99)	18.93 (8-29.86)
Negative	26 (93)	6.96 (2.14-22.63)	10.56 (1.87-42.22)	24.25 (2.64-97.01)
	p	0.481	1	1
Hormonal contraception type				
Progesterone	16 (57)	6.73 (2.64-13.93)	8.33(1.87-42.22)	19.75 (2.64-97.01)
Progesterone and estrogen	12 (43)	6.73 (2.14-22.63)	11.31 (2.46-42.22)	27.05 (6.50-84.45)
	p	1	0.445	0.704
Hormonal contraception exposure duration				
<10 yr	8 (29)	6.5 (5.66-13.93)	7.63 (2.3-11.31)	23.5 (7.46-32)
≥10 yr	20 (71)	6.96 (2.14-22.63)	12.56 (1.87-42.22)	24.25 (2.64-97.01)
	p	0.678	0.038*	1.00
Meningioma grade				
I	25 (89)	6.96 (2.14-22.63)	10.56 (1.87-42.22)	24.25 (2.64-97.01)
II	3 (11)	6.5 (5.66-8)	11.31 (2.3-17.15)	29.86 (13.93-32)
	p	1	0.583	1
Meningioma histological types				
Microcystic	3 (10.7)	5.66 (4.29-5.66)	6.06 (4.29-6.96)	18.38 (7.46-97.01)
Meningothelial	10 (35.7)	6.96 (3.48-12.13)	9.87 (1.87-42.22)	22.68 (6.06-84.45)
Transitional	9 (32.1)	6.96 (2.14-13.93)	13 (3.48-19.7)	29.86 (2.64-97.01)
Fibrous	1 (3.6)	4.59	7.46	45.25
Angiomatous	1 (3.6)	22.63	4.29	48.5
Psammomatous	1 (3.6%)	6.96	42.22	8
Atypical	3 (10.7%)	6.5 (5.66-8)	11.31 (2.3-17.15)	29.86 (13.93-32)
	p	0.355	0.267	0.653

*Statistically significant with Independent-samples median test.

Estrogen receptor- α ~ Estrogen receptor- β

^ Progesterone receptor

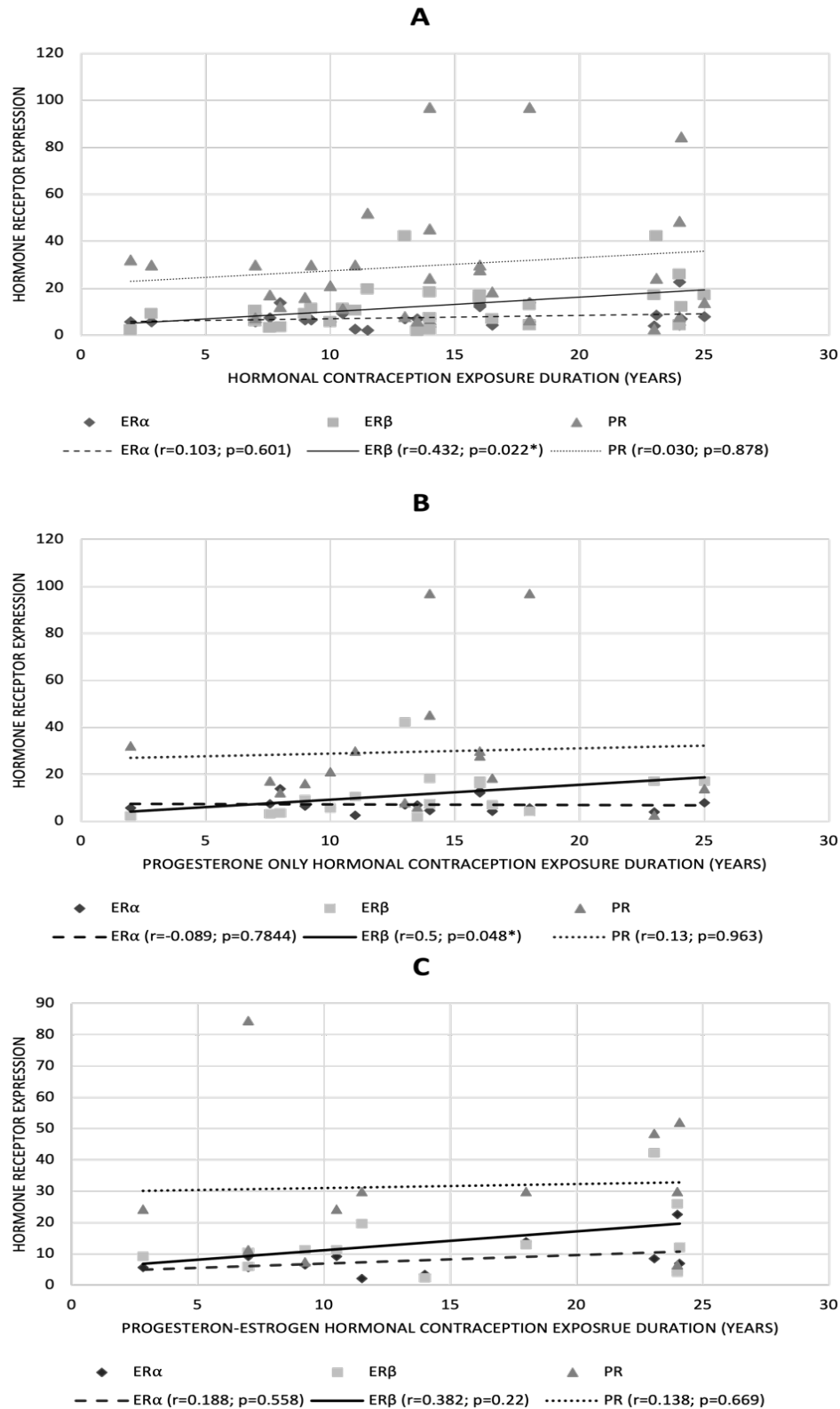


FIGURE1. Correlation between duration of hormonal contraception exposure and hormone receptor expression. (A) All hormonal contraception (n=28). (B) Progesterone-only hormonal contraception (n=16). (C) Progesterone-estrogen hormonal contraception (n=12). *Statistically significant with the Spearman test.

Hormonal receptor expression

There were no statistically significant differences in hormonal expression between groups based on age at menarche, menstrual cycle, parity, breast tumor history, hormonal contraception type, meningioma grade, and histological types (TABLE 1). Expression of ER β was significantly higher in the ≥ 10 -yr group of hormonal contraception exposure duration when compared to the < 10 -yr group [12.56 (1.87-42.22) vs 7.63 (2.3-11.31), $p=0.038$]. However, expressions of ER α and PR were similar in both groups ($p>0.05$) (TABLE 1).

The expression of ER β also showed significant correlation with the duration of hormonal contraception ($r=0.432$; $p=0.022$) (FIGURE 1A). On the other hand, we found no significant correlation between ER α and PR expression with the duration of hormonal contraception ($p>0.05$) (FIGURE 1A). Furthermore, a significant positive correlation between ER β expression and duration of hormonal contraception use was found in the progesterone-only group ($r=0.5$; $p=0.048$) (FIGURE 1B) but not in the progesterone-estrogen combination group ($r=0.382$; $p=0.22$) (FIGURE 1C).

DISCUSSION

The present study, to our knowledge, is the first research in Indonesia to address the findings of ER α , ER β , and PR expression in correlation to exogenous hormonal use in meningioma using RT-qPCR. RT-qPCR was often used in meningioma studies to detect gene or protein expression, but not for ER and PR expression.^{25,26}

We found that the expression of ER β , but not ER α and PR, was significantly higher in the ≥ 10 -yr group of hormonal contraception exposure duration. Positive correlation was also found between ER β expression, not ER α , and PR, and duration of hormonal contraception

exposure, especially the progesterone exposure (TABLE 1 & FIGURE 1). This was contradictory to previous studies in other tissue types. Progesterone exposure was discovered to decrease ER in the hypothalamus and uterus of rats,^{12,27} and specifically decrease ER β in the hippocampus.²⁸ Meningioma tissue may have its own unique properties when exposed to progesterone.

Research on ER β in relation to meningioma is scarce. ER β mediates suppressive effect and inhibits proliferation in glioma, breast cancer, prostate cancer, colon, and lung; therefore, it has a potential for safer therapy development since targeting ER α has mammotrophic and uterotrophic effects.²⁹⁻³¹ Furthermore, ER β expressions in overall brain cancer suggest less aggressive pathology.³² Glioma and meningioma are often studied together with the same intervention and the same outcome.^{33,34} In other studies, it was found that external hormone exposure increases meningioma risk, while it has no effect or is protective for glioma.^{35,36} Nevertheless, whether the ER β effect on meningioma is similar or reciprocal to glioma or other tumors remains elusive.

Expression of ER β in endometriosis is increased by hypoxia-inducible factor-1 α (HIF-1 α)-mediated hypoxia.³⁷ Knockdown of HIF-1 α diminished hypoxia-induced ER β and escalated ER α .³⁷ Hypoxia was also known to down-regulate ER α in human breast cancer cells by an HIF-1 α mediated process.³⁸ HIF-1 α was discovered to be involved in meningioma progression via hypoxic peritumoral brain edema,³⁹ and it also has some role in tumor angiogenesis.⁴⁰ Conversely, overexpression of HIF-3 α 4 (negative regulator of HIF-1 α) might suppress meningioma tumor activities.⁴¹ Therefore, we assumed that in the event of hypoxic meningioma, ER β might increase while ER α decreases. Since ER β is upregulated by HIF-1 α while HIF-1 α itself is the sign of hypoxia and angiogenesis,

ER β might become the biomarker of the hypoxic process or angiogenesis involved in meningioma. Especially in the event of progesterone exposure, we found a consistent significant correlation in progesterone-only exposure and ER β expression (FIGURE 1B). This finding is in concordance with a study conducted by Kalamarides *et al.*⁹ that found the cessation of progesterone in meningioma resulted in tumor shrinkage and devascularization, and with a study by Harland *et al.*⁴² that found an association between progesterone-only contraception with shorter progression-free grade I meningioma.

Our study did not find any significant correlation between ER α -PR and external hormone exposure. It was in accordance with previous studies on non-meningioma cells exposed to progesterone that showed decreased ER and PR expression.^{12,13} These studies described ER without dividing it into ER α and ER β . Previous studies have also shown that a high ER β to ER α ratio in endometrial cells was associated with suppressed PR, suggesting ER α and PR had a significant correlation.^{43,44} A review of ER β in breast cancer suggests that ER β exhibits a repressive effect on ER α mediated transcriptional activity when coexisting with ER α .⁴⁵ It was also found that ER β has an antiproliferative effect when exposed to ER α positive breast cancer cells, possibly by initiating the degradation of ER α .⁴⁶ The previous data suggested that our finding might be attributable to the suppression of ER α and PR by ER β .

We found no significant difference in hormone receptor expressions based on age at menarche, menstrual cycle, and parity. Currently, to our knowledge, there are no previous studies describing differences in hormone receptors in meningioma among age at menarche, menstrual cycle, and parity. However, there are several studies describing it in other tissues. ER-PR expressions

were studied in breast cancer among different ages at menarche and showed no difference.⁴⁷ On the contrary, early menarche was associated with ER-PR-positive breast cancer in another study.⁴⁸ ER-PR expressions were studied in the uterus during the actual menstrual cycle and found different expressions among layers and phases.⁴⁹ Increased parities were related to ER-PR negative breast cancer and protective against ER-PR positive breast cancer.^{50,51}

We also did not find any significant difference in hormone receptor expressions among breast cancer history, meningioma grades, and histological types. One possible cause included an unbalanced number in each group. The association between breast cancer and meningioma in females has been described with ER-negative-PR-positive expression in the meningioma.⁵² However, this previous study did not compare it to meningioma tissue in non-breast cancer patients. Previous studies showed PR positive and ER negative in lower-grade meningioma, while PR negative and ER positive were found in higher grades.^{53,54} These previous findings may be due to the use of IHC, which had lower sensitivity than PCR.

Recall bias might become one of the limitations of this study since the patients were interviewed after several years of using the hormonal contraception. However, it was minimized using a standardized questionnaire. The second limitation is that this study lacked data on patients' age at the time of tumor removal surgery, which may add bias to the data interpretation.

CONCLUSION

In conclusion, our study demonstrated positive correlations between hormonal exposure duration, especially progesterone, and ER β expression. These findings suggest that ER β expression may have an important

role as a meningioma tumorigenesis biomarker, presumably reflecting hypoxia or the angiogenesis process. Further study involving multiple measurements of ER β expression in the blood of patients with active meningioma might be needed to clarify our findings.

DECLARATION

Ethics approval and consent to participate: This study upheld the tenets of the Declaration of Helsinki and was approved by the Ethical Review Board of the Faculty of Medicine, Public Health and Nursing, Universitas Gadjah Mada. Informed consent was obtained from all study participants via telephone or in person.

Consent for publication: not applicable

Data availability: Data is available upon request.

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Conflicts of Interest

The authors declare that they have no conflict of interest.

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